Bouncing between work and play you would have a hard time knowing which one was considered work. Timothy Bliese spends his work week as a principal scientist at Abbott Laboratories supporting diagnostics instruments while also volunteering as a fire fighter on Abbott’s ALERT HAZ/MAT team.

Tim is an accomplished explorer, cyclist, paddler, birder, photographer, and scientist. He has several US and International Patents shared through his 32 years career at Abbott Laboratories. His secondary education as a Microbiologist and Chemist has opened many doors and gained multiple resources. The greatest resource has been his many influencers and mentors.

Tim’s life is full of travel and adventure as he seeks opportunities to hike, paddle and bike as he explores wilderness areas and national parks both personally and through his work. In 2019, Tim had a mentorship opportunity to travel to Bukoba, Tanzania to support Abbott’s on-going stewardship presence with the Tanzanian Ministry of Health. He worked directly with Bukoba Regional Hospital lab to train and update the patient medical record/tracking system. Tim gained many lifetime friends and added future adventures to his bucket list.

Tim is involved with Trout Unlimited – Healing Waters (taking Military Veterans fishing) and Lake County and McHenry County Audubon Societies—bluebird projects. These clubs have provided the needed resources for him to mentor high school students in the Lake Forest Open Lands CCL program. Tim has been a CCL mentor for the past 5 years which has allowed him to encourage high school students to consider their relationship with nature, while promoting the preservation of their community’s backyard or an on-going conservation program like Lake Forest Open Lands.

Making bluebird houses has been a great community builder between young adults and nature. Several of his mentees have built bluebird boxes then help monitor the several bird species that occupy them during the late spring and early summer months.

Next Adventure: 2022 Alaska by sea then on land to Denali!